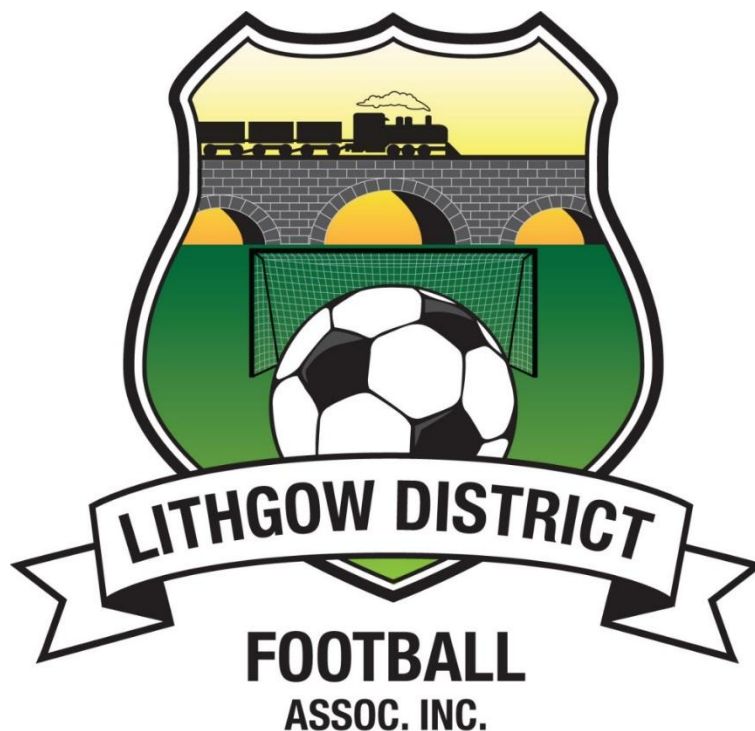
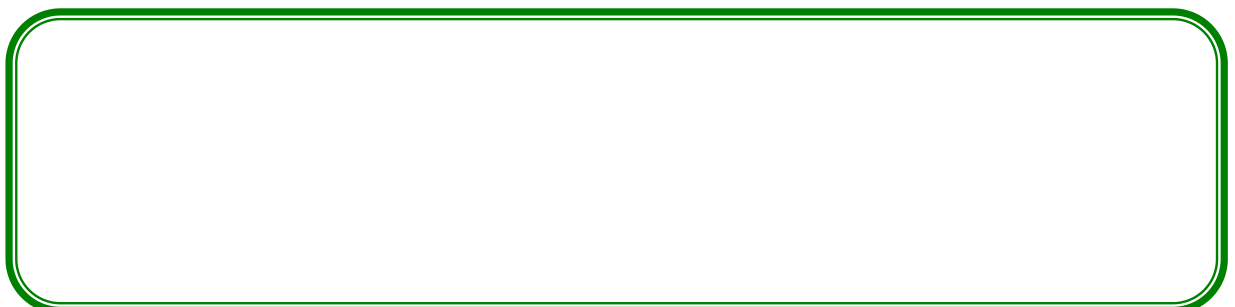


**LITHGOW DISTRICT  
FOOTBALL INC.**

**RULES AND  
REGULATION  
BY-LAWS**



**2025**



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# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

### REGISTRATIONS

#### 1 UNREGISTERED/SUSPENDED PLAYERS

Any team that plays Unregistered or Suspended players in all age groups will be fined and or penalised as follows:

- a) For playing Unregistered Players, teams will be fined \$20 for the first offence & \$50 for all continuing offences per match card.
- b) For playing Suspended players, teams will be fined \$50 per player for the first offence & \$100 per player for all continuing offences.
- c) Competitive teams who play Unregistered or Suspended players will also be penalised a maximum of three (3) competition points per game, Win, Lose or Draw

#### 2 REGISTRATION OF PLAYERS

(1) ONLY applications from the non-competitive age groups (6-11 years) will be considered for any over age players. (As per FNSW guidelines):

- (a) Players from Competitive age groups will ONLY be considered on medical grounds as per FNSW guidelines.
  - (b) Prior to approval the player's age/size/ability will be taken into consideration on a case-by-case basis. When applying the applicant must include this information in the application letter.
  - (c) If approval is given only 1 player per team will be allowed
  - (d) The player must not be more than 12 months older than the age group applying for e.g., 10-year-old eligible to play 9's competition.
  - (e) When voting on approval LDF Inc Executive Committee may use NSW Footballs RAE (Relative Age Effect) Policy as a guideline.
  - (f) If player is granted permission from LDF to play in a younger age group that player is then not permitted to be used as a borrowed player for an older age group.
- (2) Only players 15 years and over will be permitted to play up in the senior competitions.
- (3) To Register, teams must have at least seven (7) players for competitive and four (4) players for non-competitive and five (5) for any seven-a-side competition, correctly registered or they will not be deemed eligible to compete in any L.D.F. Inc. Competition. This includes all teams that have been allocated a BYE in Round One (1) of the season.
- (4) LDF will use exclusively the FFA Play Football registration system.
- (5) Player registration may be carried out by the Club Registrar, or via self-registration.
- (6) All players must be registered on the Play Football Registration System and accepted and made active by the players club. The registration will then be filtered across to the Competition Management System "DRIBL" where the LDF Inc Registrar will approve the registration. Allow at least 24-48 hours for players registrations to filter from Play Football Registration System to DRIBL system.
- (7) All players must be allocated or graded to a team in the Competition Management System "DRIBL" prior to LDF Inc Registrar giving approval prior to players taking the field.
- (8) Registrations are valid until December 31st of the current year.
- (9) Registrations close June 30th each year.
- (10) Each player in the competitive age groups shall have a clear passport style photo (no more than 12 months old) uploaded on to the Play Football Registration System.
- (11) Photo ID Sheets as produced by Play Football Registration System or DRIBL are official "documents. Clubs must submit one (1) legible copy to LDF Inc Registrar. Approval will be given by LDF Inc Registrar through the Competition Management System 'DRIBL'.
- (12) The ID sheets will be valid until December 31st of the current year only.
- (13) After the initial Teams have been registered, additional player registrations will be accepted no later than 9pm Thursdays to allow time for their registration to filter through to DRIBL. All new player registration sheets must be emailed to [ldfaregistrar@gmail.com](mailto:ldfaregistrar@gmail.com) prior to players



# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

taking the field on the following Saturday. Players MUST also appear on the DRIBL match sheets prior to players taking the field.

- (14) The minimum Age for registration will be players turning five (5) in the current year.
- (15) Coaches and Managers are to wear a lanyard stating their position. All teams must also have one team official recognisable to all match officials/referees during all matches by wearing a Fluro vest.
- (16) (a) Every Team MUST have a team official on the sideline of every match and be wearing a Fluro vest.  
(b) Nominated persons MUST be entered into DRIBL  
(c) Fines will apply for those teams not abiding by this rule.  
(d) The following duties apply to your Team Official:
  - No spectators in technical area
  - No spectators behind the goals
  - Keeping spectators behind the spectator's lines. If lines are not visible, 1m from the sidelines.
  - Monitoring spectator behaviour.
  - If a situation arises where further support is required, please see an LDF Inc Official for assistance immediately.

### 3 DUAL REGISTRATION

NO DUAL REGISTRATION WILL BE ACCEPTED FOR ANY LDF INC COMPETITION

### 4 SUSPENSIONS

- (1) Players who receive three (3) yellow cards in a season will be automatically suspended for one (1) completed match.
- (2) Players who receive a red card will be automatically suspended for two (2) completed matches.
- (3) Players who receive a "red card" for match Official abuse or abuse the Match Official after receiving a red card will be suspended for an additional four (4) completed matches.
  - (a) Fines for proven offences of any verbal abuse will be set at \$50 for the first offence and \$100 for any subsequent offences.
  - (b) This is in addition to any suspension resulting from any red card obtained in the match.
  - (c) If fines are not paid by the players within 14 days of notification, the player will be declared unfinancial and will be suspended from all games until fines are paid.
- (4) Any suspensions given by LDF Inc. will prohibit the suspended person from participating in any capacity, in any Football NSW sanctioned event for the duration of their suspension.
- (5) Any suspensions given in weeks will be the next round of completed matches or matches that the player's team is scheduled to play, excluding forfeits, washouts and byes. If the team has a forfeit (forced forfeit) awarded to them, this will count as a scheduled match. All players will also be suspended from filling in for older teams until his/her suspension has been completed.
- (6) All clubs have the right to appeal suspensions under **Competition – Point 16**
- (7) The LDF Inc. Executive, may, after meeting and by a majority vote, enforce a further suspension if the offence warrants an extension.
- (8) If a player receives a red card, the player must remove themselves from the field and cannot be on any part of the grassed area of Marjorie Jackson Sporting Complex until the game is officially completed and the match officials have left the field. An additional suspension will be enforced on the player for breach of this rule by the L.D.F. Inc Executive.
- (9) Penalties will apply for playing suspended players. Please see **Registrations – Point 1** Unregistered/Suspended Players.



# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

### 5 UNFINANCIAL PLAYERS

- (1) Club wishing to declare player/s unfinancial, at any time, must submit declarations to L.D.F. Inc on club letterhead, signed by a Club Executive including Player's name, date of birth, ID number and the amount owed if over \$200.00
- (2) The player/s will not be able to take the field in any match until a letter from the club, (on club letterhead) is forwarded, declaring the Player financial, to L.D.F. Inc.
- (3) Clubs final yearly list of Unfinancial player/s must be submitted to the L.D.F. Inc. Secretary, seven (7) days prior to the A,G,M.

### 6 FINANCES

- (1) All Registration Fees payable to L.D.F. Inc by clubs for the coming season shall be set and circulated to clubs by the MCM in February each year.
- (2) The committee reserves the right to set a one-off special levy at any time should the circumstances warrant same.
- (3) If any clubs are unfinancial to L.D.F. Inc will be withdrawn from the competition until financial.

### 7 TEAM NOMINATIONS

- (1) The date of Final Team Nominations is to be set by the Competition Secretary at the March Monthly Meeting. (Form attached: **APPENDIX 2**)
- (2) Clubs will be fined \$20.00 per team if they withdraw from the competition after nominations close.
- (3) Except under special circumstance, when less than four teams are nominated in an age group, clubs can nominate a team or teams within three (3) weeks of the closing date without penalty.
- (4) Due to changing number of registrations each year, Age groups for competitions will be discussed between the February and March meetings between clubs and committee. Player numbers will determine the age groups for each year. **NO CONSOLATION COMPETITION WILL BE RUN FOR ANY AGE GROUP.**

### 8 REPRESENTATIVE PLAYERS

- (1) That from July 5<sup>th</sup>, 2000, any representative players travelling overseas will only be entitled to financial support once only during their junior registration with L.D.F. Inc. Depending on the number of players seeking support, this will be limited to \$100.00 per player. Players must be registered with L.D.F. Inc in the year they are requesting financial assistance.
- (2) Players wishing to try out for Western Youth League (WYL) teams will only be permitted to try out for the age in which they turn during the year.
- (3) Selections will be based on skill level and ability with the final selections determined by the District Co-ordinator and the Coach and Manager of the relevant age groups.
- (4) Nominations for Western Youth League (WYL) coaches and managers must be in writing and accompanied with current Working With Children Check information. Successful Coaches and Managers must agree to the Terms of Acceptance issued by LDF at the commencement of each WYL season.  
No duties as Coach or Manager may be performed until the Terms of Acceptance are agreed to.
- (5) District coaches must check all information supplied by players, including dates of birth with the L.D.F. Inc Registrar/Recorder before teams are announced.
- (6) Teams will not be announced until all players who tried out have been informed of their position in the teams.
- (7) Each Coach and Manager who is appointed must complete/read and sign codes of conduct form which will be emailed to them once they are appointed. This is to be completed prior to any coaching/managing tasks being fulfilled.

### 9 PLAYER INSURANCE

AS ATTACHED: **APPENDIX 6**



# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

### CARNIVALS

#### 10 NON-COMPETITIVE GALA DAY

- (1) The Gala Day for U/6 to U/10 teams will be played one (1) week prior to Grand Finals.
- (2) All non-competitive teams will be automatically entered into the Round Robin end of season Gala Day with the Draws and Rules being made available one (1) week before the set date.
- (3) Any teams withdrawing from Gala Day will be fined \$20.00 per team if notification of withdrawal is not received within two (2) weeks of set date.

#### 11 LITHGOW UNISEX AND SEVENS CARNIVALS

- (1) Any clubs wishing to run & share any profits from these Carnivals MUST adhere to the following conditions or their share of the profits will be either reduced or forfeited by a majority vote of the Carnival Committee. Each club will be entitled to two (2) votes each.
- (2) Attend all meetings.
- (3) Have an equal share in attendance of the twelve (12) persons required to erect goal posts and mark fields out on the day prior to the Sevens Carnival.
- (4) Have at least two nominated persons in attendance in either the office or the clubroom for the duration of both carnivals.
- (5) Have helpers on duty to set up prior to the commencement and to help clean up after the conclusion of both carnivals including the dismantling of the temporary goalposts.
- (6) In order to receive a share of carnival proceeds clubs must nominate a minimum of 40% of their own registered teams to participate in the carnival.
- (7) The carnival committee shall be a sub-committee of L.D.F. Inc.

### COMPETITION

LDF Inc will use DRIBL for their Competition Management System. All Registrations will be filtered from the Play Football System to the DRIBL System.

#### 12 DRAW

- (1) The draw will be finalised and circulated to clubs one (1) week prior to the start of the Competition.
- (2) Clubs are to distribute copies of the draw to their respective teams **UNALTERED** in any way.

#### 13 CROSS PLAYING & PLAYING UP

- (1) Only U/6 players can cross play to another U/6 team within their own club. All other age groups can only play up in higher age groups within their own club.
- (2) A maximum of five (5) younger players can play up per game for an older team within their own club.
- (3) A player can only play up a maximum of two (2) years above their own natural age unless the approval form (see **APPENDIX 8**) is received and approved by L.D.F Inc. prior to the player taking the field. Approval from L.D.F Inc. will only be given after assessing the individual player's strength, stamina, and physique. If approval is given, L.D.F Inc. will continue to monitor the player and may withdraw their approval at any time.
- (4) All players playing up are to be added through the DRIBL system as a borrowed player.

#### 14 MATCH SHEETS

- (1) The referee is responsible for inputting the results of any match that they referee.
- (2) Where there is no referee the HOME team Coach or Manager is responsible for entering the match results in the DRIBL app for their game.
- (3) For non-competitive only the results are to be added.
- (4) For Competitive the goal scorers and the results need to be added in the DRIBL app.



# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

- (5) Non-competitive players that are actually taking part in the match are to be marked as available and played (Tap on the tick and P) in the DRIBL app.
- (6) Competitive teams must mark their starting 11 players as well as all players that are taking part to be marked as available and played (Tap on the tick and P)
- (7) Players cannot be added to the match sheet in the DRIBL app once both teams have submitted their teams and approved the opposing team, and the game has started. It is recommended that you mark players you are unsure of turning up as available and then you submit a dispute stating a player did not take the field.
- (8) Where there is no Referee appointed to a match, then the person/s who officiates the game need to be added in the Officials section of the match sheet as a non-accredited Referee.

### 15 MATCH SHEET FINES

- (1) For the first two (2) weeks of the competition, teams will be notified of match sheet errors and match sheet fines will not be imposed for this period. Any match sheet errors during this two (2) week grace period will not be recorded. After this two (2) week period, teams will receive two (2) warnings for match sheet errors. For continuing offences, all teams will be fined \$5.00 with an increase of \$5.00 for subsequent errors. The maximum fine will be capped at \$20.00 per offence. If teams refuse to pay fines, their club will be declared unfinancial and all teams will not be allowed to take part in any competition games and unable to re-join the competition until all fines are paid.
  - (a) MATCHSHEET ERRORS ARE AS FOLLOWS:
    - Illegal cross playing or playing up
    - No scores recorded in DRIBL by the home team where no referee has been appointed. (this includes not inputting Goal Scorers as well in DRIBL for Competitive teams)
    - Not Marking all players who have participated in the game as 'Played'
    - Not submitting their team in DRIBL
    - Not confirming opposition team in DRIBL
    - Not adding borrowed players in DRIBL
    - Not completing match sheet in DRIBL by the home team where no referee has been appointed.
    - Not adding the person/persons who Officiated the match in the official's section of the match sheet where no referee has been appointed.
  - (b) Official notification of any match sheet errors will be forwarded to the Club in writing via email.

### 16 APPEALS

- (1) All clubs have the right to appeal suspensions, or any decisions made by L.D.F. Inc.
- (2) Appeals must be in writing from the relevant club executive, on Club letterhead and received by the L.D.F. Inc Secretary within 48 hours of the date of notification to the Club.
- (3) Player suspension appeals must be accompanied by a hearing fee of \$50.00.
- (4) All appeals will be heard within seven (7) days of receipt of the above.
- (5) All clubs have the right to appeal to Western Football NSW and finally to Football NSW against any decision made by the L.D.F. Inc.
- (6) Appeals against L.D.F. Inc must be accompanied by a hearing fee of \$100.00.
- (7) All appeals that are referred to L.D.F. Inc by any person, regarding an internal Club decision must be accompanied by a fee of \$200.00





# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

If L.D.F. INC finds in favour of the complainant, Clubs will also be charged a fee of \$200.00 if they decide to appeal the ruling.

- (8) Regardless of appeal outcome, fees will not be refunded.

### 17 NON-COMPETITIVE RULES

- (1) UNDER 6-11 As Per FFA "MiniRoos" Guidelines

### 18 SENIOR COMPETITIONS

- (1) All senior men's and ladies' competitions run by L.D.F. Inc shall be of 35 min halves with unlimited interchange.
- (2) If two (2) Senior Men's Competition are to be run, Clubs have the choice of nominating teams in either Div #1 or Div #2 but must consider the teams or Player's performance in the proceeding seasons.

### 19 FINAL QUALIFIERS

- (1) Junior players who qualify for more than one (1) older team for semi-finals, finals and grand finals, must nominate which team his/her priorities lie with before the semi-finals and will only be eligible to play with that team for the final series.
- (2) Once a player takes the field in the team they are registered in, they will automatically qualify for finals.
- (3) Younger players playing up must play a minimum of five (5) games with the older age group plus 50% of competition matches in the team that they are registered with to qualify to play for the older age group.

### 20 WASHOUTS

- (1) All competition rounds washed out by rain shall be abandoned with no points or goals awarded.
- (2) Should a team forfeit or defer before the washout is declared, those matches will be declared washouts.
- (3) In the event of a partial washout, those teams unable to play their match will have it rescheduled except where previously forfeited.
- (4) The decision to declare a competition round and/or a series final as being a washout or a partial washout shall be made by the executive, who shall take into account any directive from the local council regarding the condition of the grounds.
- (5) If a final series match is declared a washout, then the decision will be made by the L.D.F. Inc Executive as to how and when the games will be played.

### 21 MATCH DEFERMENTS

- (1) All applications for match deferments/time changes must be received by the Competition Secretary seven (7) days prior to the set date on the official form. (**Appendix 3**).
- (2) Any deferments/time changes will only be made under special circumstances, e.g. representative commitments, and must be played within 14 days of the set date.

### 22 LANGLANDS CUP

The Langland's Cup will remain the property of L.D.F. Inc and will be played for by the oldest junior age group competing in the Lithgow competition.

### 23 ABUSIVE CONDUCT

- (1) A disciplinary hearing will be held for any verbal abuse directed at a match official or L.D.F. Inc. official by either, a coach, manager, or spectator, or if the match official or L.D.F. Inc. official in question lodges an incident report on the day of the alleged offence occurred.
- (2) A disciplinary hearing will be held for any verbal abuse
- (a) directed at an L.D.F Inc. official by a player.
  - (b) directed to a Match Official by a player and no cards are issued by the Match Official





# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

- (3) L.D.F. Inc will, within a reasonable time following receipt of any Match Official Send-off/Expulsion Report and/or Match Official Incident Report, refer the report(s), to the Member's Disciplinary History and any other material L.D.F. Inc. determines, in its absolute discretion, is relevant to the matter, to the disciplinary hearing panel and to the Member's Club (or to the Club, as the case may be)
- (4) At the time of providing the information referred to in section 23 (3), L.D.F. Inc. will notify the Member the Offence(s) allegedly committed and the time, date and location of the hearing.
- (5) L.D.F. Inc. will convene a disciplinary hearing to hear the matter and will use its reasonable endeavours to ensure the matter is heard within seven (7) days of the Match.
- (6) On the day of the hearing the participant/s or Club/s will advise the names of any witnesses attending the hearing with the Member (if relevant).
- (7) Fines for proven offences will be set at \$200.00 for the first offence and \$500.00 for any subsequent offences for all of the above.
- (8) For players, this is in addition to any suspension resulting from any red card obtained during the match.

### 24 CODES OF CONDUCT

Adopt all FNSW Codes of Conduct SEE ATTACHED: **APPENDIX 4**

### 25 DRAWN FINALS

In the Semi Finals, Finals and Grand Finals of ALL competitive games, if a game is drawn at full time, an extra 10 minutes each way will be played. If still equal after extra time, a penalty shootout is to take place.

### 26 MATCH OFFICIALS

- (1) Matches shall commence at the time stipulated on the draw. Any team not appearing on the allotted field within 10 mins of the stipulated starting time shall be deemed to have forfeited the match.
- (2) Should a match official fail to appear within 5 minutes of the stipulated starting time the coaches of both teams shall each referee one half of the match or agree to appoint a suitable person to referee that game. This rule shall also apply where no match official has been appointed to the game.
- (3) If the appointed match official appears after another person has taken control of, and started the game, it will be the decision of both coaches or managers and the person in control of the game as to whether or not the game is handed over to the appointed match official.
- (4) Match Officials must complete the match sheet in DRIBL.
- (5) Where no match officials have been appointed in senior games, club officials who take control of the match **MUST** be over the age of eighteen (18) years.
- (6) Any team who refuses to officiate their half of the game when no officials have been appointed, they will be deemed to have forfeited the match.
- (7) In order to ensure L.D.F. Inc provides a fair and transparent system to Members under these Regulations and to assist the Bodies in arriving at their decisions, in completing Match Official Reports, Match Officials must:
  - (a) Complete their Match Official Report independent of any other Match Officials involved in the Match and of any potential witnesses.
  - (b) As far as reasonably possible, clearly state what they actually saw and/or heard in relation to the incident(s) and clearly distinguish that from what others told them occurred.
  - (c) As far as reasonably possible, in respect of words spoken by a Participant, record those in the first person using the words actually spoken; and
  - (d) As far as reasonably possible, state how they identified the Participant
- (8) A Match Official may seek assistance from a member of a Referees Body in completing a Match Official Report provided that member was not a Match Official involved in the Match and is not otherwise a witness to the incident(s) the subject of the Match Official Report



# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

- (9) Match Officials must use Match Official reports not L.D.F. Inc Incident Reports.

### 27 FORFEITS

- (1) Any team playing unregistered, ineligible, or disqualified players shall be deemed to have forfeited that match.
- (2) Teams forfeiting on two consecutive occasions without satisfactory reasons will be removed from the competition.
- (3) The team receiving a forfeit shall have three (3) points and three (3) goals “for” awarded.
- (4) Teams forfeiting shall have nil (0) points and three (3) goals “against” recorded.
- (5) Any team forfeiting a semi-final or final shall be deemed to have surrendered its position and shall be declared ineligible to play in the final or in the grand final.
- (6) Any team wishing to request a forfeit shall do so through the Competition Management System DRIBL.

### 28 BALL SIZES

- (1) Under 6 to under 9 ..... Size 3
- (2) Under 10 to under 13 ..... Size 4
- (3) Under 14 to Senior ..... Size 5

### 29 MATCH DURATION

- (1) Under 6 ..... 20 minutes each way
- (2) Under 7-8-9 ..... 20 minutes each way
- (3) Under 10-11-12 ..... 25 minutes each way
- (4) Under 13-14 ..... 30 minutes each way
- (5) Under 15-16-18 ..... 35 minutes each way
- (6) Senior Ladies & Men’s ..... 35 minutes each way

### 30 COMPETITION POINTS

- (1) All competition matches shall be played on a point score basis, being:
  - (a) A win ..... +3 points
  - (b) A draw ..... +1 point
  - (c) A loss ..... 0 points
  - (d) A bye ..... 0 points
  - (e) A win by forfeit ..... +3 points and 3 goals “for”
  - (f) A loss by forfeit ..... 0 points and 3 goals “against”

### 31 TECHNICAL AREA

Only registered Coaches, Managers and substitute players, must remain in the technical area of all fields for the duration of the match (excluding half time and injury time)

## MISCELLANEOUS

### 32 MEMBER PROTECTION

- (1) Working with Children Check is a requirement for all CLUBS for all committee members, volunteers, coaches, manager. WWCC Information is part of the Online registrations process in the Play Football Registration System
  - (a) Before any applicant will be considered for any voluntary or paid position with L.D.F. Inc.
  - (b) By all volunteer workers on entry to the canteen.
  - (c) By all clubs’ executive members, committee members, coaches and managers prior to the commencement of the competition.



## LITHGOW DISTRICT FOOTBALL INC.

### RULES AND REGULATIONS BY-LAWS

#### 33 GROUNDS

- (1) The home ground for all affiliated clubs shall be Marjorie Jackson Sporting Complex where all games shall be played.
- (2) Rangers will be granted use of Delta Park on application and fulfilment of these rules
- (3) Blackheath will be granted use of Browntown Oval on application and fulfilment of these rules.
- (4) LCR and Blackheath may apply to have Senior Men's games played at either Delta Park or Browntown Oval, but only with the agreement of the opposing Clubs prior to the draw being finalised at the start of each season.
- (5) **ALL CLUBS MUST HAVE A REPRESENTATIVE ON THE GROUNDS COMMITTEE**

#### 34 DUTY CLUBS

- (1) A roster will be drawn up for all clubs and handed out before the start of the season. Clubs turns will be rotated each year.
- (2) Duty clubs must have all nets, corner posts and bins out 30 mins prior to the first game kick off.
- (3) Duty clubs are to ensure all nets; corner posts and bins are returned to the net room and bin room at the end of the day and vacuum Clubroom.

#### 35 NO TRAINING

- (1) No training or warming up during any organised training sessions will be permitted in the goal mouths of any field.

#### 36 COMPLAINTS AND GRIEVANCES

Any complaints, grievances or protest in relation to any L.D.F. Inc, Referees Body, or any committee members or associated persons must be forwarded through their association club and received by the L.D.F. Inc Secretary within 48 hours of the alleged incident. In all instances, a hearing fee of \$100.00 must accompany any correspondence.

#### 37 AMBULANCES

Notification must be made to a L.D.F. Inc committee member immediately when an ambulance needs to be called.

#### 38 MARQUE AND BBQ

- (1) The LDF Inc marquee & BBQ will only be available for the use of LDF Inc committee's and affiliated clubs for football related activities.
- (2) Any persons using the L.D.F. Inc. BBQ and Gas Bottles MUST refill the bottles before the next round of matches.

#### 39 STORM POLICY

AS ATTACHED: **APPENDIX 1**

#### 40 SOCIAL MEDIA POLICY

As per Football NSW Social Media Policy: See **APPENDIX 7**

- a) Any persons associated with L.D.F Inc. whether it be a player, parent, coach, manager or committee member of L.D.F Inc. or associated clubs will be severely reprimanded and/or suspended if they post anything on Social Media that is libellous, defamatory, racist, sexist, abusive etc or in any way disrespects the rights, dignity and worth of any person, Club or Association.
- b) Any person who likes, shares or comments on the post may also face similar consequences.



# LITHGOW DISTRICT FOOTBALL INC.

## RULES AND REGULATIONS BY-LAWS

**41. SMOKING**

Smoking has been banned on all sporting fields since 7 January 2013. Government fines of up to \$440 are applicable to those found smoking at sporting grounds. Smoking is prohibited at all areas of the Marjorie Jackson Sporting Complex, except the designated smoking areas outside the fence.  
FINE (per offence) \$220.00

**42. ALCOHOL**

Marjorie Jackson is an Alcohol-Free Zone. This means you are not allowed to sell/consume or bring alcohol onto the Marjorie Jackson Sporting Complex.  
Any person found in breach of this rule will incur the penalties found in the FNSW Policy for the Sale & Supply of Alcoholic Beverages (see **APPENDIX 3**)

**43. DOGS**

No dogs are allowed at the Marjorie Jackson Sporting complex as per Council Guidelines. If you have a support dog, then it must be clearly visible that it is a support dog.

**44. REFEREE REFUND**

For clubs wishing to apply for a refund of Referee fees for games not covered they **MUST** submit a letter to the Secretary seven (7) days prior to the September meeting requesting the refund.

.....  
.....  
**PLAYER REGISTRATION, UNFINANCIAL PLAYERS, CONDUCT OF COMPETITIVE AND NON-COMPETITIVE GAMES, AND SPECTATOR MISCONDUCT:**

The Rules for the abovementioned categories are controlled by L.D.F. Inc.  
.....



## APPENDIX 1

### LITHGOW DISTRICT FOOTBALL INC.

### STORM POLICY.

**LITHGOW DISTRICT FOOTBALL INC HAS A RESPONSIBILITY TO ALL PERSONS INVOLVED IN OUR SPORTING ACTIVITIES AND THEREFORE HAS DEVELOPED THE FOLLOWING STORM POLICY.**

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#### **DEFINITION –STORM**

A violent disturbance of the atmosphere with thunder, lightning, strong wind, heavy rain, hail or snow.

#### **OVERVIEW:**

As a duty of care all Coaches and Managers must ensure that all players are protected during storm activity as defined.

Under no circumstances are players allowed to train or play during this activity.

It is the responsibility of all clubs to inform their Coaches and Managers and that this information is relayed to all parents and players.

#### **LEGAL LIABILITY:**

Allegations of negligence and the resultant liability for the payment of substantial damages in the aftermath of players suffering from the effects of storm activity is one of the largest legal problems that face – coaches, clubs and Associations.

The word “negligence” is related to the word “neglect” and concerns neglect of duty and standard care.

Coaches and managers should remember that where negligence charges laid by parents or guardians, the accuser must prove three factors for the charges to be upheld:

Namely:

- i) The coach carried a duty of responsibility at the time
- and
- ii) That the duty of care was breached by the coach or manager and resulted
- in
- iii) Loss or injury to a player in the team

If judged to have been negligent, the coach or manager is liable to pay “damages” as compensation to the injured player.

No court expects coaches or managers to watch every child for every second of the day. Coaches and managers are human. They are not expected to have eyes in the back of their heads, but they should be reasonable in their behaviour and prudent in their care. Then if they have taken reasonable precaution, followed by reasonable action in the event of an accident, they cannot be held responsible, even if serious injury or death occurs.

Courts will look at the common practices and standards within the association. Failure to adopt the general practice is often the strongest possible indication of want of care whilst conformity with the general practice usually dispels a chance of negligence.

**Lithgow District Football Inc  
Storm Policy  
Created on 24.04.2000, 8.17 pm.**



**APPENDIX 2  
LITHGOW DISTRICT FOOTBALL INC.  
TEAM NOMINATION FORM.**

**CLUB:**

**YEAR:**

AGE	No of Teams	TEAM NAMES		
		1	2	3
UNDER 6		4	5	6
		1	2	3
UNDER 7		4	5	6
		1	2	3
UNDER 8		4	5	6
		1	2	3
UNDER 9		4	5	6
		1	2	3
UNDER 10		4	5	6
		1	2	3
UNDER 11		4	5	6
		1	2	3
UNDER 12		4	5	6
		1	2	3
UNDER 13		4	5	6
		1	2	3
UNDER 14		4	5	6
		1	2	3
UNDER 15		4	5	6
		1	2	3
UNDER 16		4	5	6
		1	2	3
UNDER 18		1	2	3
UNDER 21		1	2	3
LADIES		4	5	6
		1	2	3
ALL AGE		4	5	6
		1	2	3

SECRETARY/REGISTRAR

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



**APPENDIX 3  
LITHGOW DISTRICT FOOTBALL INC.**

**APPLICATION TO DEFER GAME**

<b>CLUB:</b>
<b>TEAM:</b>

**WE WISH TO APPLY FOR THE FOLLOWING GAME TO BE DEFERRED**

<b>REASON FOR DEFERMENT REQUEST:</b>

<b>Original Match</b>	<b>Week:</b>	<b>Date:</b>	<b>Time:</b>	<b>Field:</b>
<b>Teams:</b>	v			

<b>Proposed Deferment</b>	<b>Week:</b>	<b>Date:</b>	<b>Time:</b>	<b>Field:</b>
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<b>Home Team Coach</b>	<b>Name:</b>	<b>Signature:</b>
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<b>Away Team Coach</b>	<b>Name:</b>	<b>Signature:</b>
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<b>Referee's Assoc.</b>	<b>Name:</b>	<b>Signature:</b>
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-----  
**OFFICE USE ONLY**

The above Match Deferment has been:  
**Approved / Denied.**

<b>L.D.F. Inc Comp/Sec</b>	<b>Name:</b>	<b>Signature:</b>
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*If Approved, Copy to:  
L.D.F. Inc Registrar, L.D.F. Inc Publicity Officer, Coach's of both teams & Referee's Assoc.*



# APPENDIX 4 CODES OF CONDUCT



## COACHES CODE OF CONDUCT

### **The FFA Code of Ethics**

#### **This code is designed:**

- ☛ To emphasise the elements of enjoyment and satisfaction to junior players and coaches involved in soccer.
- ☛ To make adults including parents and coach's aware that young player's play soccer to satisfy themselves and not necessarily to satisfy adults or member's of their own peer group.
- ☛ To improve the overall health and fitness of Australia's youth by encouraging participation in soccer and making it attractive, safe and enjoyable for all to play.
- ☛ To remind administrator's, coach's, referee's and parents that soccer must be administered, taught and provided, for the good of those young people who wish to play soccer, as ultimately "It is their game".

#### **Coaches Code of Ethics**

- ✓ I will respect the rights, dignity and worth of all players and ensure that everyone is treated equally.
- ✓ I will ensure that the players are involved in a positive environment, and that the game and training is a positive and enjoyable experience.
- ✓ I will respect all players' individuality and help them reach their own full potential.
- ✓ I will be fair, considerate and honest with all players.
- ✓ I will be professional and accept responsibility for my actions and encourage players to demonstrate the same qualities.
- ✓ I will make a commitment to my team, and myself that I will continue to improve my own knowledge of the game through coach education and various training programs.
- ✓ I will coach my player's to play within the rules and in the spirit of the game of soccer.

- ✓ I will avoid any physical contact with the players and should it be required it would be appropriate to the situation and necessary for the player's skill development.
- ✓ I will refrain from any form of personal abuse towards my players. Also be aware to any forms of abuse directed towards my players from other sources whilst they are in my care.
- ✓ I will refrain from any form of harassment towards my players.
- ✓ I will provide a safe environment for training and competition, by ensuring the equipment and facilities meet safety standards.
- ✓ I will show concern and caution towards sick and injured players and allow for further participation in training and competition only when appropriate.
- ✓ I will not engage in the use of crude, foul or abusive language that may be determined offensive or engage in any conduct detrimental to the image of the game when on or off the field.
- ✓ I will refrain from arguing with the referee and / or assistant referees regarding decisions they make.
- ✓ I will treat participants, officials and spectators with courtesy and respect.
- ✓ I will always encourage my team to play within the laws of the game.
- ✓ I will not consent to the use of any banned substance or drugs of dependence by my players.
- ✓ I will act in a responsible manner and accept responsibility for my actions.

## APPENDIX 4

# CODES OF CONDUCT



### **PLAYERS CODE OF CONDUCT**

This code is available in expanded form – Code Of Conduct Full Version –  
Football NSW Website- Policies & Documents- [www.footballnsw.com.au](http://www.footballnsw.com.au)

1. Play by the rules and understand the spirit of the game.
2. Play to win and never set out to lose.
3. Play fair to earn respect and to detest cheats.
4. Refrain from sexual harassment towards fellow players, coaches and officials.
5. Never argue with an official, captain, coach or manager who is there to maintain discipline.
6. Control your temper and avoid verbal abuse, sledging or deliberately distracting or provoking an opponent.
7. Be honest with the coach concerning illness or injury.
8. Work equally hard for yourself and your team.
9. Be a good sport and applaud all players.
10. Accept defeat with dignity and don't seek excuses for defeat or blame the referee or anyone else.
11. Promote the interests of football and encourage other people to watch it or play it fairly.
12. Treat all participants equally. And reject corruption, drugs, racism, violence and other dangers to our sport.
13. Help other to resist corrupting pressures and remind them of their commitment to their team and the game.
14. Co-operate with your coach, team-mates and opponents.
15. Participate for your own enjoyment and benefit.
16. Respect the rights, dignity and worth of all participants, coaches and officials.
17. Denounce those who attempt to discredit our sport.

**Honour those who defend football's good reputation with honesty and fairness and encourage others to act in the same way.**

### **SPECTATOR CODE OF BEHAVIOUR**

A spectator at a match or otherwise involved in any activity sanctioned or staged by, under the auspices of, Football Federation Australia Limited or an affiliated Member Federation or Club must:

- a) Respect the decisions of Match Officials and teach children to do the same;
- b) Never ridicule or unduly scold a child for making a mistake;
- c) Respect the rights, dignity and worth of every person regardless of their gender, ability, race, colour, religion, language, politics, national or ethnic origin;
- d) Not use violence in any form, whether it is against other spectators, Team officials (including coaches), Match Officials or Players;
- e) Not engage in discrimination, harassment or abuse in any form, including the use of obscene or offensive language or gestures, the incitement of hatred or violence or partaking in indecent or racial chanting;
- f) Comply with the terms of entry of any venue, including bag inspections, prohibited and restricted items such as flares, missiles, dangerous articles and items that have the potential to cause injury or public nuisance;
- g) Not, and must not attempt to bring into a venue national or political flags or emblems (except for the national flags of any of the competing teams) or offensive or inappropriate banners, whether written in English or a foreign language;
- h) Not throw missiles (including on the field of play or at other spectators) and must not enter the field of play or its surrounds without lawful authority; and
- i) Conduct themselves in a manner that enhances, rather than injures, the reputation and goodwill of FFA and football generally.

**Any person who does not comply with this Spectator Code of Behaviour or who otherwise causes a disturbance may be evicted from the venue and banned from attending future Matches.**

# APPENDIX 5

## TERMS OF ADMISSION POLICY



### **TERMS OF ADMISSION POLICY**

Football NSW Limited: Adopted on 30<sup>th</sup> August 2012 – (Page 1 of 2)

#### **1. General**

Football NSW has zero-tolerance of any form of anti-social behaviour at Matches. Any act of anti-social behaviour will not be tolerated under the Football NSW jurisdiction in the State and anyone found to be involved in this type of behaviour will not be welcome to attend Matches.

The following Terms of Admission shall apply to all Spectators attending Matches.

By attending the Matches, Spectators agree to be bound by these Terms of Admission.

These Terms of Admission should be read in conjunction with any venue conditions of entry, ticket conditions (appearing on each ticket) and the 'FFA Spectator Code of Behaviour'.

#### **2. Spectator Behaviour**

Spectators agree to comply with the 'FFA Spectator Code of Behaviour', a copy of which is available at [www.footballaustralia.com.au](http://www.footballaustralia.com.au).

#### **3. Ticket**

Spectators must not:

- (a) resell or transfer, or attempt to resell or transfer, the ticket at a premium;
- (b) use the ticket for advertising, promotion or other commercial purposes (including competitions and trade promotions) or to enhance the demand for other goods or services; or
- (c) package the ticket with other goods and services.

Tickets must be carried at all times and produced upon request.

#### **4. Refund/Exchange**

Tickets will not be refunded or exchanged except in accordance with the "Code of Practice for the Ticketing of Live Entertainment in Australia" (the Code), available at [www.liveperformance.com.au](http://www.liveperformance.com.au).

Except as provided by the Code, to the extent permitted by law, Football NSW is not liable to any person for any loss (including consequential loss) arising out of, or in connection with, the cancellation or rescheduling of the event.

#### **5. Refusal of Entry/Eviction**

Football NSW, the hosting club and venue management reserve the right to refuse entry or evict any person:

- (a) who breaches these Terms of Admission or who Football NSW, the hosting club or venue management has reasonable grounds to believe is likely to breach these Terms of Admission;
- (b) who jeopardises safety or security at the venue or event;
- (c) deemed to be intoxicated or disorderly or under the influence of drugs;
- (d) attempting to bring in, or found in possession of, prohibited or restricted Items;
- (e) engaging in a prohibited or restricted Activity;
- (f) failing to comply with lawful directions by Football NSW, the hosting club and venue management, Police, or contract security staff;
- (g) previously issued with a Court banning notice or Football NSW Banning Notice that still applies; or
- (h) not authorised to be in the venue e.g. without a valid entry ticket or accreditation.

#### **6. Security Screening**

All persons and their possessions may be subject to searches before entering the venue, whilst in the venue and

may be subject to search upon exit. Persons who refuse to participate may be denied entry or asked to leave the venue. Any person having entered the venue and found to be in possession of a prohibited or restricted item, shall have such item confiscated and may be evicted from the venue.

#### **7. Surveillance**

For the safety and security of Spectators, players, team officials, match officials and staff, surveillance cameras may be operating in and around the venue.

All persons entering the venue consent to having their image recorded and held for a specified period. In the event of an incident, any footage obtained may be provided to Football NSW, the hosting club, Police and the contract security provider and used to prosecute or support the implementation of a ban on a person, or for other law enforcement purposes.

#### **8. Prohibited/Restricted Items**

The following is a non-exhaustive list of items that are prohibited by law and are not permitted to enter the venue:

- (a) illegal substances including controlled, dangerous or illicit drugs; and
- (b) flares, fireworks, weapons, explosives and smoke bombs.

**The following items are considered restricted and are not permitted to enter the venue:**

- (a) alcoholic beverages;
- (b) glass bottles, cans and breakable containers;
- (c) missiles of any description;
- (d) recreational equipment such as skateboards, rollerblades and bicycles;
- (e) animals and pets (other than Assistance Dogs);
- (f) laser pointers;
- (g) non-accredited photographic equipment and recording devices for commercial purposes including audio and video equipment;
- (h) confetti or shredded paper;
- (i) flag poles composed of materials other than plastic or greater than 1.5 metres in length;
- (j) signs, banners, flags and clothing displaying offensive, political, National, racial or unauthorised commercial material;
- (k) eskies, coolers and iceboxes too large to be stored under a seat; and
- (l) any item determined by Football NSW, the hosting club or venue management that may cause injury, public nuisance or which is deemed dangerous to fellow spectators.

#### **9. Prohibited/Restricted Activities**

The following is a non-exhaustive list of activities that are restricted or prohibited within the venue and participation in such activities may result in eviction:

- (a) smoking (other than in a designated area);
- (b) displaying commercial or offensive signage;
- (c) throwing objects of any description;
- (d) striking or igniting flares, fireworks, explosives and or smoke bombs;
- (e) the use of offensive or racist chanting or language;
- (f) storage of equipment or standing/sitting in aisles or walkways; and
- (g) unauthorised soliciting and customer surveying.

# APPENDIX 5

## TERMS OF ADMISSION POLICY



### TERMS OF ADMISSION POLICY

Football NSW Limited: Adopted on 30<sup>th</sup> August 2012 – (Page 2 of 2)

#### **10. Responsible Consumption of Alcohol**

All persons entering the venue are advised that:

- (a) they may be entering into a licensed premise;
- (b) persons identified as being intoxicated will not be permitted to enter;
- (c) persons found in possession of liquor will not be permitted to enter;
- (d) persons identified as being intoxicated will be removed from the premises;
- (e) it is an offence for minors to purchase and consume liquor;
- (f) it is an offence to purchase liquor for (or supply liquor to) minors;
- (g) persons supplying liquor to minors will be reported to the Police; and
- (h) penalties and fines may apply under the relevant State's Liquor legislation.

#### **11. Liability**

Viewing of football and associated activities can be dangerous and may result in injury. Spectators viewing such activities do so at their own risk. Spectators bring personal items into the venue at their own risk and assume all risk of any damage or loss (including property damage, personal injury, economic and consequential loss) however it arises at the venue.

Football NSW, the hosting club and the venue management will not be held responsible for any damage to, loss or theft of a patron's personal property.

#### **12. Photographs and Broadcasts**

Photographs taken within the venue may be used only for private non-commercial purposes.

Making or distributing of broadcasts, commentary, news reports or statistics (by any means including by mobile phone or other wireless device) is prohibited.

#### **13. General Conditions**

The following general conditions apply:

- (a) smoking is prohibited other than in designated smoking areas;
- (b) umbrellas are permitted into the venue but, for the comfort of others, must not be raised in the seating or concourse areas;
- (c) for safety reasons, strollers and prams may not be permitted in the seating bowl;
- (d) unauthorised persons are prohibited from entering the field of play. Prosecutions may be pursued for unauthorised access to either the venue or field of play;
- (e) Spectators are responsible for their own conduct whilst in the venue and must pay for the cost of repair of any damage caused to the venue as a result of their conduct; and
- (f) drums or other musical instruments may be permitted into the venue on the condition that the owner is identified and receives prior approval from the venue and event manager.

#### **14. Breach of Terms of Admission**

If Spectators breach these Terms of Admission they may be:

- (a) subject to the Grievance Procedures;
- (b) denied access to, or evicted from, the venue;
- (c) banned from attending future matches at the discretion of Football NSW at any Match under the jurisdiction of Football NSW;

(d) asked for identification by Football NSW (including its authorised contractors, agents or employees), the hosting club, Police, venue management or contract security staff.

Information collected from or on Spectators who breach the Terms of Admission may be shared between FFA, Football NSW, football clubs participating in the Competitions, affiliated associations of Football NSW, contract security staff and or Police. This information may be used to prosecute or support the implementation of a ban on the person, or for other law enforcement purposes, and Spectators consent to such use. All information collected will be handled in accordance with Football NSW Privacy Policy, which is available at [www.footballnsw.com.au](http://www.footballnsw.com.au).

#### **15. Privacy Waiver**

Spectators grant consent for their name, address, date of birth and photograph to be provided to Football NSW, by the Police or contract security staff, in the event that they are evicted from or arrested within the venue and for Police to disclose to Football NSW the nature and result of any action or criminal proceeding initiated by Police as a consequence of their eviction from or arrest within the venue.

#### **16. Privacy Notification**

All persons entering the venue are advised, in accordance with applicable privacy legislation, that the Police may provide Football NSW with the name, address, date of birth and photograph of any person detained or arrested by Police at the venue and the nature of any action or criminal proceeding initiated by Police as a consequence so that Football NSW can consider, and if deemed necessary, implement a ban on the person from attending future Matches.

#### **SCOPE OF POLICY**

Football NSW has the power under its By-Laws to create and issue policies from time to time.

#### **REVIEW**

This Terms of Admission policy is to be reviewed by Football NSW as required.

#### **DEFINITIONS**

**Competitions** means any or all of the football matches or competitions owned, conducted or governed by Football NSW in the State;

**FFA** means Football Federation Australia Limited;

**Football NSW** means Football NSW Limited, a company limited by guarantee, which is the governing body for football (soccer) in the State;


**Grievance Procedures** means the procedures for the resolution of disputes and grievances as specified in the Football NSW rules and regulations;


**Match** means a football match organised, staged, controlled, sanctioned or governed by Football NSW in the State;


**Spectator** means a person who attends a Match;


**State** means the state of New South Wales with the exception of the northern regions of NSW (the governing body for which is Northern New South Wales Football).



 <b>Personal Accident</b>	
<b>Who's covered</b>	All appropriately registered players and/or non playing officials including team managers, referees, trainers, coaches, masseurs, committee members, directors, officer bearers, administrators, employees, executive officers, selectors, ball persons, match commissioners, medical persons, physiotherapists, ambulance officers, voluntary workers and other match day.
<b>What's covered</b>	Basic cover for participants who suffer injuries arising out of participation in football activities.
<b>When are you covered</b>	<p>Participating in official football matches.</p> <p>As well as:</p> <p>Official training, trials or practice (including practice matches) sanctioned by The Insured(s), Engaged in fundraising activities for The Insured(s), Engaged in administrative or organised social activities of The Insured(s), Unpaid voluntary activities performed on behalf of The Insured(s), Travelling directly to or from or between activities described above from the Insured Person's normal place of residence, place of education or place of employment and all other travel including intrastate, interstate and overseas sanctioned by The Insured(s).</p>
<b>Where am I Covered</b>	Worldwide
<b>Capital Benefits</b>	<p>Capital Benefits are a lump sum benefit that is provided in the event of Death and Permanent Disability.</p> <p>Benefits are payable based on a table of events available in the full policy wording.</p> <p>Some of the benefits payable include:</p> <ul style="list-style-type: none"> <li>• Death - \$100,000 (U18 \$20,000)</li> <li>• Paraplegia and Quadriplegia - \$750,000</li> <li>• Loss of sight of one eye - \$100,000</li> <li>• Loss of use of one limb - \$100,000</li> </ul>
<b>Loss of Income (Weekly Benefit)</b>	<p>Weekly benefits are payable whilst you are wholly and continuously unable to work and/or attend school or studies.</p> <p><b>Income Earners</b></p> <p>85% of net income or \$250 per week (whichever is the lesser) for 52 weeks.</p> <p>A 21-day excess applies.</p> <p><b>Non-Income Earners</b></p> <p>Authorised domestic help up to \$250 per week for 52 weeks.</p> <p>A 21-day excess applies.</p> <p><b>Full-Time Students</b></p> <p>Authorised home tutor costs up to \$250 per week for 52 weeks.</p> <p>A 21-day excess applies</p>

 <b>Public and Product Liability</b>	
<b>What's covered</b>	<p>Public Liability insurance is designed to help protect insured entities if a third party claims they have suffered a serious injury, or their property has been damaged due to the insured entities alleged negligent activities.</p> <p>Product Liability is designed to help protect insured entities if a third party claims they have suffered a serious injury, or their property has been damaged due to goods that insured entities supply.</p>
<b>Where am I Covered</b>	Worldwide excluding North America
<b>Limit of Liability</b>	\$30,000,000 any one occurrence and in respect of Products any one period of insurance
<b>Molestation Sub Limit</b>	\$5,000,000 any one claim and in the aggregate
<b>Excess</b>	<p>Personal Injury Claims – Nil</p> <p>Property Damage Claims - \$1,000 each and every occurrence</p> <p>Molestation Claims - \$5,000 each and every claim</p>
<b>Participant Liability</b>	This insurance does not apply to claims or accidents brought by one participant against another participant for personal injury or property damage occurring whilst competing and/practicing in a covered activity.
<b>Claims Made Policy</b>	The Molestation endorsement is a "Claims Made Policy". If at any time you become aware of circumstances which may or could give rise to a claim under this policy, then written notice should be provided to Gow-Gates without delay to ensure entitlements to a claim under the policy are not prejudiced.
<b>Who is in the insurer</b>	Underwritten for certain underwriters at Lloyd's of London & Chubb Insurance Australia Limited by their agent SLE Worldwide Australia Pty Ltd.
A copy of your Associations/Clubs <b>Certificate of Currency</b> can be downloaded <a href="#">Football NSW</a>	

 <b>Professional Indemnity</b>	
<b>What's covered</b>	Professional Indemnity insurance is a supplementary coverage for professional advice. It is designed to help protect Insured Persons and entities for alleged or actual acts, errors, or omissions in breach of the Insured's Professional Duty in connection with the business activities.
<b>Where am I Covered</b>	Worldwide excluding North America
<b>Limit of Liability</b>	\$5,000,000 any one claim and \$10,000,000 in the aggregate
<b>Excess</b>	\$1,000 each and every claim
<b>Claims Made Policy</b>	This policy is a "Claims Made Policy". If at any time you become aware of circumstances which may or could give rise to a claim under this policy, then written notice should be provided to Gow-Gates without delay to ensure entitlements to a claim under the policy are not prejudiced.
<b>Who is in the insurer</b>	Underwritten for certain underwriters at Lloyd's of London & Chubb Insurance Australia Limited by their agent SLE Worldwide Australia Pty Ltd.

 <b>Personal Accident</b>	
<b>Who's covered</b>	All appropriately registered players and/or non playing officials including team managers, referees, trainers, coaches, masseurs, committee members, directors, officer bearers, administrators, employees, executive officers, selectors, ball persons, match commissioners, medical persons, physiotherapists, ambulance officers, voluntary workers and other match day.
<b>What's covered</b>	Basic cover for participants who suffer injuries arising out of participation in football activities.
<b>When are you covered</b>	<p>Participating in official football matches.</p> <p>As well as:</p> <p>Official training, trials or practice (including practice matches) sanctioned by The Insured(s), Engaged in fundraising activities for The Insured(s), Engaged in administrative or organised social activities of The Insured(s), Unpaid voluntary activities performed on behalf of The Insured(s), Travelling directly to or from or between activities described above from the Insured Person's normal place of residence, place of education or place of employment and all other travel including intrastate, interstate and overseas sanctioned by The Insured(s).</p>
<b>Where am I Covered</b>	Worldwide
<b>Capital Benefits</b>	<p>Capital Benefits are a lump sum benefit that is provided in the event of Death and Permanent Disability.</p> <p>Benefits are payable based on a table of events available in the full policy wording.</p> <p>Some of the benefits payable include:</p> <ul style="list-style-type: none"> <li>• Death - \$100,000 (U18 \$20,000)</li> <li>• Paraplegia and Quadriplegia - \$750,000</li> <li>• Loss of sight of one eye - \$100,000</li> <li>• Loss of use of one limb - \$100,000</li> </ul>
<b>Loss of Income (Weekly Benefit)</b>	<p>Weekly benefits are payable whilst you are wholly and continuously unable to work and/or attend school or studies.</p> <p><b>Income Earners</b></p> <p>85% of net income or \$250 per week (whichever is the lesser) for 52 weeks.</p> <p>A 21-day excess applies.</p> <p><b>Non-Income Earners</b></p> <p>Authorised domestic help up to \$250 per week for 52 weeks.</p> <p>A 21-day excess applies.</p> <p><b>Full-Time Students</b></p> <p>Authorised home tutor costs up to \$250 per week for 52 weeks.</p> <p>A 21-day excess applies</p>



<b>Non-Medicare Medical expenses</b>	<p>Non-Medicare Medical Expenses covers medical expenses for which there is no reimbursement (wholly or partly) from Medicare.</p> <p>Benefits Covered:</p> <ul style="list-style-type: none"> <li>• 75% of Non-Medicare Medical Benefits</li> <li>• Maximum Payable \$2,500</li> <li>• \$90 excess (Nil if in a Private Health Fund)</li> </ul> <p>The Health Insurance Act (Cth) 1973 does not permit the insurer to contribute to expenses which are wholly or partly claimable through Medicare.</p> <p>Examples of expenses covered:</p> <ul style="list-style-type: none"> <li>• Private Hospital Accommodation</li> <li>• Physiotherapy</li> <li>• Ambulance</li> <li>• Dental</li> <li>• Chiropractic</li> <li>• Osteopathy</li> </ul> <p>Examples of expenses not covered:</p> <ul style="list-style-type: none"> <li>• Doctors and Surgeons Fees</li> <li>• X-Rays</li> <li>• Anaesthetists' Fees</li> <li>• Public hospital costs</li> <li>• MRI Scan's*</li> </ul> <p>*MRI scans are generally claimable through Medicare. However sometimes the referrer and/or provider are not registered with Medicare. In this situation, you are eligible to claim through Capital Football's Personal Accident Insurance Policy.</p>
<b>Other Benefits</b>	<p>There are other benefits payable under the Football NSW Insurance Program for expenses which may be incurred as a result of a Football injury.</p> <p>Full details of these benefits as well as policy conditions are contained in the policy wording. A copy of the policy wording is available to download from the website <a href="http://FootballNSW.gowgates.com.au">Football NSW (gowgates.com.au)</a></p>

### Claims Process

#### Management Liability, Public & Product Liability & Professional Indemnity

Notify Gow-Gates immediately of your intention to lodge a liability claim via one of the following options:

Phone: 02 8267 9999

Email: [football@gowgates.com.au](mailto:football@gowgates.com.au)

Do not admit liability under any circumstances.

Download a claim form via: [Football NSW](#)

Complete all section of the claim form Email

completed claim form to [football@gowgates.com.au](mailto:football@gowgates.com.au)

Gow-Gates will confirm receipt of your claim form or contact you should they require more information. Please contact Gow-Gates directly if you have not received a confirmation of your claim within 7 days.

#### Personal Accident

All claims need to be submitted online via the Sports Claims Portal. To find the portal appropriate to you and your Club:

1. Visit the Gow-Gates Football Insurance Website
2. Select your relevant Association
3. Navigate to the 'Claims' section and follow the link to lodge your claim online
4. Register an Account for the Sports Claims Portal The standard documentation you will be required to upload during the claims portal submission are:

- Club Declaration (to be completed and signed by an Authorised Representative of your Club e.g. President, Vice President, Secretary, Treasurer)
- Physician's Report (to be completed by a GP, specialist, surgeon or dentist)

If you are claiming for Loss of Income, in addition to the Club Declaration and Physician's Report you will also be required to upload:

- Employment Statement (to be completed by your employer)
- Incapacity to Work Statement Page 3 of the Physician's Report (to be completed by a GP, specialist or surgeon)

You will be prompted to download blank copies of the relevant documentation in Step 4 of the claims portal process. The claim submission is an 8 Step procedure and will save your progress as you complete each Step.

#### Points to Remember

- All Insured Persons must be registered with Football NSW for coverage by this insurance program.
- Only injuries which occur during the policy period are covered.

No cover is provided for:

- Any pre-existing defect, infirmity or sickness the insured person suffered from at the time of the accident
- Self-infliction
- War and terrorism
- Aerial activities
- Being under the influence of Drugs or alcohol
- Criminal acts
- Psychiatric or psychological disorder
- Contamination by radioactivity
- Sickness, disease or disorder of any kind
- Injuries which occur outside the policy period
- Pregnancy or related complications.

02 8267 9999 | [gowgates.com.au](http://gowgates.com.au) | [football@gowgates.com.au](mailto:football@gowgates.com.au)

Gow-Gates Insurance Brokers Pty Ltd | ABN 12 000 837 785 | AFSL 245432

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- It is recommended that all Insured Persons take out separate Private Health Insurance and/or Personal Income Protection, Life Insurance and Trauma cover.

### **Duty of Care Statement**

When you register to play with a Football Club, you are reminded that Football is a body contact sport. Potential, notwithstanding all safety guards, exists for a player to sustain injury. Players are therefore reminded of their obligation to prepare themselves for training and matchday sessions, by engaging sufficiently in warm up activities and maintain an adequate level of fitness.

As a measure of your club and Football NSW's support to all Insured Persons, they have arranged insurance cover as set out in this document and for your benefit and risk protection.

In addition to these policies all Insured Persons are encouraged to take out private health insurance, life insurance and any further cover over and above that is outlined on the previous page to ensure individual needs and circumstances are met.

For any advice or additional insurance cover that you may require please contact Gow-Gates.

### **Who can I talk to about an issue or complaint?**

First talk to Gow-Gates, ask for claims staff for the Football NSW Insurance Program.

If this does not resolve the matter or you are not satisfied with the way a complaint has been dealt with, you should contact the complaints manager on 02 8267 9999 or put your complaint in writing to [info@gowgates.com.au](mailto:info@gowgates.com.au) or by mail at:

Complaints Officer  
Gow-Gates Insurance Brokers GPO Box 4731  
Sydney NSW 2001

Please mark the envelope "Notice of Complaint." We will endeavor to resolve your complaint quickly and fairly.

If your complaint cannot be resolved to your satisfaction within 21 days, you may have the right to refer the matter to the Australian Financial Complaints Authority (AFCA).

# SOCIAL MEDIA POLICY

## 1. PURPOSE

Football NSW Limited (FNSW) recognises the benefits of social media as an important tool of engagement and enrichment for our members.

It is important that the reputation of FNSW, affiliated Associations and Clubs and the sport of football generally is not tarnished by anyone using any existing and emerging social media tools inappropriately, particularly in relation to any content that might relate to FNSW-related activities.

All FNSW stakeholders are expected to behave and express themselves online appropriately and in the ways that are consistent with FNSW's stated values and policies.

This policy aims to provide some guiding principles to follow when using social media and is to be read in conjunction with the:

- [Football Australia \(FA\) Code of Conduct & Ethics](#);
- [FA Member Protection Framework: Safeguarding Policy](#);
- [FA Bullying & Harassment Policy](#);
- [FA Anti-Discrimination Policy](#); and
- [FNSW Grievance and Disciplinary Regulations](#).

## 2. SCOPE

This FNSW Social Media Policy ('this Policy') applies to all FNSW affiliated entities and participants, including Associations, Clubs, Coaches, Team Managers, Officials and Referees, Volunteers, Spectators and FNSW Employees ('Stakeholders').

This Policy covers all forms of social media and online engagement including, but not limited to, activities such as:

- Social networking sites (e.g. LinkedIn, Facebook, Instagram, X or TikTok);
- Video and photo sharing platforms (e.g. YouTube Flickr, Pinterest);
- Podcasting (e.g. iTunes, Spotify and SoundCloud);
- Online website platforms, blogs, virtual communities, collaborative websites, or message boards (e.g. Wordpress, Reddit, Wikipedia);
- Email and instant messaging apps (e.g. WhatsApp, Messenger, Viber, iMessages, text messaging);
- Videoconferencing and/or webinars (e.g. Teams, Zoom);
- Online gaming networks (e.g. Discord and Twitch);
- Online dating apps (e.g. Tinder and Hinge);
- Online votes and polls;
- Any use of artificial intelligence (AI) programs (e.g. ChatGPT);
- Any other forum available for public comment or opinion (including private web forums, online polls or review sites).

The intent of this Policy is to include anything posted online where information is shared that might affect FNSW, its Stakeholders, or the reputation of the sport of football in general.



### 3. GUIDING PRINCIPLES

FNSW embraces social media as a means of promoting the game and engaging with the broader football community. While FNSW encourages the use of social media, all Stakeholders are reminded that everything they write, publish or share can be traced back to them.

Once something is posted online or shared, control over that content is lost. Archival systems can save or cache information even if deleted while comments and messages can be forwarded, quoted or misquoted.

FNSW has a zero-tolerance policy to any forms of bullying or harassment which applies to conduct on-field, off-field and online.

Due to the unique nature of FNSW, the boundaries between a FNSW Stakeholder's role within football (e.g. as a player, coach, volunteer or official) and their social life can often be blurred. It is therefore essential that all Stakeholders make a clear distinction between their role/s in football and their external football activities. This includes ensuring that all online communication with other Stakeholders is conducted in an appropriate manner that aligns with FNSW and FA policies and values.

Sharing, posting or commenting from a social media account unaffiliated to football (e.g. a personal social media profile) does not exclude those actions from the scope of FNSW and FA policies and any applicable disciplinary measures.

FNSW encourages all members to be diligent about protecting themselves online, including regularly checking and updating social media privacy settings.

### 4. USAGE

For FNSW Stakeholders using social media, such use:

- Must not contain, or link to, abusive, offensive, harassing or defamatory content – this also applies to the use of illustrations and nicknames;
- Must not comment on, or publish information that is confidential in any way;
- Must not share any content that could be deemed detrimental to FNSW, FNSW affiliates and partners, or any other FNSW Stakeholder;
- Must not share any content, including logos, graphic files, images, videos or audio that they do not hold the required permissions or consent – this includes the use of AI-generated graphics to depict a distinct likeness to a brand, organisation or individual/s;
- Must not otherwise be in breach of the FA Code of Conduct and Ethics or other FNSW policies (see '1. Purpose').

When capturing content (including photos, audio or video) of a participant, Stakeholders must:

- Obtain permission from the participant and ensure they know how the content will be used;
- Ensure the content is appropriate in nature and directly relates to FNSW affiliated activity;
- Ensure the content is stored safely and securely in a manner that prevents unauthorised access and is destroyed when no longer required.

### 5. ELECTRONIC OR ONLINE COMMUNICATIONS WITH CHILDREN OR YOUNG PERSONS

When communicating electronically and/or online with children or young persons in an official role related to a FNSW activity, it is a requirement that you:

- Include an organisation representative (e.g. Club or Association) and a parent or guardian in all communication;
- Use appropriate language that is not personal in nature;

- Abide by any relevant or applicable Association, Branch, or Club Social Media Policies;
- Do not request, accept or follow the children with your personal social media accounts;
- Only share information or content strictly related to the football competition or activity related to your football-related role; and
- Inform the parent or guardian if a child or young person contacts you outside of your football-related role and remind the child or young person of your communication requirements.

When capturing content (including photos, audio or video) involving a child, Stakeholders must:

- Obtain permission from a child's parent or guardian and, where the child is identified, ensure that parent or guardian is aware how the content will be used;
- Ensure the content is appropriate in nature and directly relates to FNSW affiliated activity;
- Ensure the content is captured in the presence of other adult Stakeholders; and
- Ensure the content is stored safely and securely in a manner that prevents unauthorised access and is destroyed when no longer required.

### 6. OFFICIAL FNSW SOCIAL PAGES AND ONLINE CHANNELS

When creating a new social media account for a FNSW affiliated Stakeholder;

- Care should be taken to ensure the appropriate person has given permission to create the page or forum;
- Online content and behaviour must always abide by and comply with the Football Australia Code of Conduct and Ethics;
- Appropriate permissions or licences must be obtained for the use of logos, images or other digital assets;
- Images of children may not be replicated on any site without the explicit written consent or permission of the child's parents and/or guardian;
- All materials published or used must respect the copyright of third parties;
- Comments on content must be monitored and where appropriate restricted or removed to minimise the incidences of defamatory, offensive or harmful content being displayed on official pages; and
- Effective cybersecurity measures should be implemented to protect the respective brand, intellectual property and / or sensitive information.
- The use of AI-generated imagery should be limited, if not avoided, to avoid any potential for loss of brand reputation.

For official FNSW accounts;

- Access and permissions must be sought from the FNSW Marketing & Communications department;
- FNSW Employees must not use FNSW online pages to promote personal projects; and
- Any use of affiliate marketing programs or services must be done with a strict regulation of brands and product categories displayed to ensure they do not conflict with any FNSW partners and do not relate to alcohol, gambling, pornography or content of any nature which conflicts with FNSW values.

### 7. BRANDING AND INTELLECTUAL PROPERTY

When using the internet, for professional or personal pursuits, all Stakeholders must respect the brands of FNSW, Member Associations, Branches, Clubs, participants and anybody else involved in the sport of football. All Stakeholders must follow the guidelines in place to ensure the sport's intellectual property and its relationships with sponsors and Stakeholders is not compromised and that FNSW's reputation in the general community is not brought into disrepute.

It is important that any trademarks belonging to FNSW, a Branch or any Association Member or Football Club are not used in personal social media applications, except where such use can be considered incidental (where incidents is taken to mean "happening in subordinate conjunction with something else").

### 8. BREACH OF POLICY

- Detected breaches of this Policy should be reported to FNSW.
- If detected or reported, a breach of this Policy may result in disciplinary action from FNSW under either the FNSW Constitution, FNSW By-Laws and FNSW Grievance and Disciplinary Regulations, as the case may be. A breach of this Policy may also amount to breaches of other FNSW governing documents and other FNSW Policies or contractual obligations. This may involve a verbal or written warning or in serious cases, termination of employment or engagement with FNSW including, but not limited to, suspension of membership.

### 9. EXTERNAL AND INTERNAL RESOURCES AND SUPPORT

- The [eSafety Commissioner](#) provides online safety programs and resources, while having established accessible reporting mechanisms for Australians experiencing online bullying or cyber abuse: [www.esafety.gov.au](http://www.esafety.gov.au).
- '[Play by the Rules](#)' provides information, resources, tools and free online training to increase the capacity and capability of referees, coaches, officials, players, parents and spectators to assist them in preventing and dealing with discrimination, bullying, harassment, child safety, inclusion and integrity issues in sport.
- The [Australian Federal Police](#) is dedicated to preventing all Australians from becoming victims of online crime, including (but not limited to) cybercrime and crimes against children. The NSW Police has a NSW State Crime Command that has specialist squads specifically dedicated to dealing with (but not limited to) Cybercrime and Child Abuse and Sex Crimes.
- FNSW Managing Poor Behaviour & Bullying provides general guidance and resources on child safety and stopping cyber-bullying: [footballnsw.com.au/member-protection-safety/managing-poor-behaviour/](http://footballnsw.com.au/member-protection-safety/managing-poor-behaviour/)
- The [Allannah and Madelaine Foundation](#) is a national charity working to keeping children safe from violence.

### 10. CONSULTATION OR ADVICE

FNSW Stakeholders who are unsure of their rights, obligations, liabilities or actions online should contact FNSW to seek clarification.



**APPENDIX 8  
PLAYING ABOVE AGE CONSENT**



**PLAYING ABOVE AGE CONSENT FORM**

I, the undersigned as guardian of the participant named hereunder have read, undersigned, acknowledged and agree to the contents of this document and that I have had the right to obtain independent legal advice regarding same.

I, the undersigned as guardian of the participant give consent for the participant to play in the higher age group (as stated below) which I acknowledge is above what is my child's true age group and as governed by the age groups of participation.

In relation to this participant, I acknowledge and accept that there is an inherent risk in the participant playing in an age group which is above/greater than the participant's current age including but not limited to participation against adults in All Age and senior competition. It is acknowledged participation in (soccer) football is a high exertion activity and a contact sport and that the participant has an equal if not greater risk of both general injury and injury from contact arising from participation in the higher age group. These may include muscle cramps, muscle soreness, pain, discomfort, fatigue, abrasion, laceration, bruising, bone dislocation or breakage, head injury including but not limited to concussion and other injuries that may require medical treatment or hospitalisation.

To the full extent permitted by law I as the guardian of the participant release, hold harmless and indemnify the club, association and Football NSW and their respective board members, officers and employees and any related third party from any and all liability for any loss, damage, expense or personal injury including death that the participant may suffer as a result of the participation in (soccer) football competition in the higher age group due to any cause whatsoever including negligence, breach of contract, or breach of any statutory or other duty of care.

I as guardian of the participant am aware that by signing this document I am waiving certain legal right on behalf of the participant that I or the participant has or may have had against the Club, Association, Football NSW, and their respective board members, officers, employees or related third parties and I reconfirm that there is an inherent risk in participation in the higher age group which includes but is not limited to the potential for serious personal injury or death.

Where I as guardian sign on behalf of a minor child, I also give full permission for any person connected with the Club and/or Association and/or Football NSW to administer first aid deemed as necessary, and in the case of serious illness or injury, give permission to call for medical and/or surgical care for the participant and to transport the participant to a medical facility deemed as necessary for the wellbeing of the child.

Club Participant registered with: \_\_\_\_\_

Participant True Age Group: \_\_\_\_\_ Age Group Consenting to Play: \_\_\_\_\_

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Name of Guardian

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Guardian

Date this .....day of .....20.....

\_\_\_\_\_  
Name of Club Representative

\_\_\_\_\_  
Signature of Club Representative

\_\_\_\_\_  
Name of Association Representative

\_\_\_\_\_  
Signature of Association Representative

This form must be completed and returned to the Administrator of the Club for approval by the relevant Association prior to participant playing in the older age group. It is an insurance requirement that this form must be kept on file by the Association for a minimum of 7 years from the date of signing